



SIEC
Saskatoon Industry
Education Council

PRESENTS

CONNECTING

CAREER DEVELOPMENT & MENTAL HEALTH

A ONE-DAY WORKSHOP

This workshop is highly interactive and informative, drawing upon the latest research on the relationships between career development, work, mental illness and mental health. You will learn practical strategies for ethically considering mental health concerns in your practice, a model that will help you think more clearly about the connections between career development and mental health, and the reasons that having conversations about the impact of your work on wellbeing is so important.



DR. DAVID REDEKOPP

Dave has worked on a wide range of career development research, consulting, practitioner training, program development and product development projects over the past 30+ years.

Currently the President of the Edmonton-based consultancy, Life-Role Development Group Ltd., Dave is career development advocate who has been honoured with several career development awards.



MICHAEL HUSTON

Michael is a Registered Psychologist, counsellor and associate professor at Mount Royal University in Calgary. His research and work focus on counsellor training, career intervention strategies and outcomes, career development as mental health intervention, stress and coping, and work and wellbeing.

**THURSDAY
APRIL 23, 2020**

ROYAL WEST CAMPUS
441 Witney Ave N, Saskatoon
9 AM-4 PM

COST: \$65.00 + GST

Includes Workshop, lunch and the *Career Development & Mental Health* book (\$30 value)

TO REGISTER GO TO
www.saskatooniec.ca/mentalhealth